

**FOOD DISTRIBUTION PROGRAM
IMPACT REPORT**

20

**A YEAR OF
GROWTH & RESILIENCE**

24



**LITTLE MOUNTAIN
NEIGHBOURHOOD HOUSE**
NEIGHBOUR HELPING NEIGHBOUR

INTRODUCTION

In 2024, the Food Distribution Program at Little Mountain Neighbourhood House was proud to partner with several dedicated organizations to provide nutritious food to families. Thanks to these incredible partnerships, we were able to support **105 households**, benefiting a total of **315 individuals**. The contributions of our partners and volunteers are essential to the success of this program – without their commitment and hard work, none of this would be possible. Their support not only ensures access to fresh, healthy, and local food but also plays a key role in the decolonization of the food system. We are deeply grateful for the ongoing support of our community, and together, we look forward to continuing this important work in the future.

ABOUT OUR COMMUNITY

32.24%
Seniors

43.81%
Adults

20.95%
Children





“We want to say a big thank you for all the help you give our family. Through your program, we found more than just food – we found a place where we are always welcome, respected, and listened to. The volunteers, staff, and coordinator make us feel like part of the community. Every week, we get healthy food, and we also get yummy cakes and pastries. Thank you so much for everything!”

program participant, 2024



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PARTNERS CONTRIBUTION

 UBC FARM <small>Centre for Sustainable Food Systems</small>		 FOOD STASH <small>FOUNDATION</small>	
<p>Harvest 1,360 lbs</p>	<p>Harvest 1,774 lbs</p>	<p>Rescue Food 5,203 lbs</p>	<p>Food Donation 44,047.94 lbs</p> <p>Non-food Donation 57.04 lbs</p>
<p>\$6,636 CAD</p>	<p>\$7,418.50 CAD</p>	<p>\$18,626 CAD</p>	<p>\$158,014 CAD</p>
<p>Deliveries 35</p>	<p>Deliveries 21</p>	<p>Deliveries 52</p>	<p>Deliveries 52</p>

VOLUNTEERING

Volunteering with the Food Distribution Program has been a weekly highlight! The program is welcoming and inclusive, and it has been a joy to get to know others in our community. As our family's yard is also used for the Yard Garden project, it's especially rewarding to see the literal harvest of the various LMNH food security programs be used for community

good

volunteer, 2024



**26 unique
volunteers**

**1, 231 hours
volunteering**

HIGHLIGHTS OF THE FOOD DISTRIBUTION PROGRAM

- **Engagement:** The program saw 2,304 visits during 2024, demonstrating strong community participation and support.
- **Expanded Reach:** 26 new households were added to the main list, expanding our support to more families in need.
- **Cleared Waiting List:** The waiting list has been fully addressed, allowing immediate access to food assistance for all eligible households.
- **Survey Conducted:** We conducted a survey to understand the community's food preferences, ensuring we meet their needs more effectively.
- **Team Training:** Our team received specialized training in food rescue, enhancing our ability to recover and distribute surplus food safely.

THANK YOU!



Holy Cross Japanese
Canadian Anglican Church

