

# Yard Garden Harvest Project













### About The Yard Gardens

The Yard Gardens is a community food security project of Little Mountain Neighbourhood House. We are a group of dedicated volunteers and one coordinator who grow food in yards generously shared by Riley Park neighbours. Our Produce supplements food from the Vancouver Food Bank, local farmers and bussinesses in Little Mountain's Food Distribution program that serves individuals and families experiencing food insecurity.



## Summary of Harvests



709 kg's of food Harvested



29
Different Crops
Harvested

27
Weeks of
Harvest



26
Average # of kg's
harvested per week

The food grown
at the Yard Gardens in 2023
produced
1303 equivalaent meals
valued at \$5505

### Food Preference Survey

The LMNH Food Hub aims to reduce food insecurity and increase access to healthy food in a way that promotes dignity, equity and respect. To better serve our Food Distribution Participants and provide healthy, culturally appropriate, fresh produce, we conducted a survey in December 2022 to discover their favourite vegetables and grow food in the YGHP based on the results.

#### Top Vegetables that Participants Requested







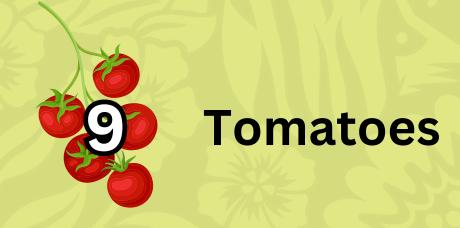














### Summary of Production Space



44 Vegetable Beds

5
Homeowners

6 Different Yards 253 m2 in Production

### Summary of Volunteer Engagment

674 Volunteer Hours

52

Volunteers

145

Volunteer Shifts

Volunteer Leaders 3
Volunteer
Appreciation Events





Thank you to our sponsors, partners, volunteers and supporters for a wonderful growing season!



For more info please contact: ygc@lmnhs.bc.ca



















